

CARD 1

1. Spouse
2. Partner
3. Child
4. Child-in-law
5. Parent
6. Parent-in-law
7. Sibling
8. Grand-child
9. Other relative (specify)
10. Other non-relative (specify)
11. Ex-spouse/Ex-partner

CARD 2

1. Comprehensive school
2. Grammar school (not fee-paying)
3. Fee-paying grammar school
4. Sixth form College/Tertiary College
5. Public or other private school
6. Elementary school
7. Secondary modern/secondary school
8. Technical school (not college)
95. No degree yet/still in school
96. None
97. Other type (also abroad)

CARD 3

1. Nurses' training school
2. College of further/higher education
3. Other college or training establishment
4. Polytechnic/Scottish Central Institutions
5. University
95. Still in higher education or vocational training
96. None
97. Other (also abroad)

CARD 4

1. Married and living together with spouse
2. Registered partnership
3. Married, living separated from spouse
4. Never married
5. Divorced
6. Widowed

CARD 5

1. Comprehensive school
2. Grammar school (not fee-paying)
3. Fee-paying grammar school
4. Sixth form College/Tertiary College
5. Public or other private school
6. Elementary school
7. Secondary modern/secondary school
8. Technical school (not college)
95. No degree yet/still in school
96. None
97. Other type (also abroad)

CARD 6

1. Nurses' training school
2. College of further/higher education
3. Other college or training establishment
4. Polytechnic/Scottish Central Institutions
5. University
95. Still in higher education or vocational training
96. None
97. Other (also abroad)

CARD 7

1. In the same household
2. In the same building
3. Less than 1 kilometre away
4. Between 1 and 5 kilometres away
5. Between 5 and 25 kilometres away
6. Between 25 and 100 kilometres away
7. Between 100 and 500 kilometres away
8. More than 500 kilometres away
9. More than 500 kilometres away in another country

CARD 8

1. A heart attack including myocardial infarction or coronary thrombosis or any other heart problem including congestive heart failure
2. High blood pressure or hypertension
3. High blood cholesterol
4. A stroke or cerebral vascular disease⁵
5. Diabetes or high blood sugar
6. Chronic lung disease such as chronic bronchitis or emphysema
7. Asthma
8. Arthritis, including osteoarthritis, or rheumatism
9. Osteoporosis
10. Cancer or malignant tumour, including leukaemia or lymphoma, but excluding minor skin cancers
11. Stomach or duodenal ulcer, peptic ulcer
12. Parkinson disease
13. Cataracts
14. Hip fracture or femoral fracture
15. Other fractures
16. Alzheimer's disease, dementia, organic brain syndrome, senility or any other serious memory impairment
17. Benign tumor (fibroma, polypus, angioma)
96. None
97. Other conditions, not yet mentioned

CARD 9

1. Pain in your back, knees, hips or any other joint
2. Heart trouble or angina, chest pain during exercise
3. Breathlessness, difficulty breathing
4. Persistent cough
5. Swollen legs
6. Sleeping problems
7. Falling down
8. Fear of falling down
9. Dizziness, faints or blackouts
10. Stomach or intestine problems, including constipation, air, diarrhoea
11. Incontinence or involuntary loss of urine
12. Fatigue
96. None
97. Other symptoms, not yet mentioned

CARD 10

1. Drugs for high blood cholesterol
2. Drugs for high blood pressure
3. Drugs for coronary or cerebrovascular diseases
4. Drugs for other heart diseases
5. Drugs for asthma
6. Drugs for diabetes
7. Drugs for joint pain or for joint inflammation
8. Drugs for other pain (e.g. headache, backpain, etc.)
9. Drugs for sleep problems
10. Drugs for anxiety or depression
11. Drugs for osteoporosis, hormonal
12. Drugs for osteoporosis, other than hormonal
13. Drugs for stomach burns
14. Drugs for chronic bronchitis
96. None
97. Other drugs, not yet mentioned

CARD 11

1. Walking 100 metres
2. Sitting for about two hours
3. Getting up from a chair after sitting for long periods
4. Climbing several flights of stairs without resting
5. Climbing one flight of stairs without resting
6. Stooping, kneeling, or crouching
7. Reaching or extending your arms above shoulder level
8. Pulling or pushing large objects like a living room chair
9. Lifting or carrying weights over 10 pounds/ 5 kilos, like a heavy bag of groceries
10. Picking up a small coin from a table
96. None of these

CARD 12

1. Dressing, including putting on shoes and socks
2. Walking across a room
3. Bathing or showering
4. Eating, such as cutting up your food
5. Getting in or out of bed
6. Using the toilet, including getting up or down
7. Using a map to figure out how to get around in a strange place
8. Preparing a hot meal
9. Shopping for groceries
10. Making telephone calls
11. Taking medications
12. Doing work around the house or garden
13. Managing money, such as paying bills and keeping track of expenses
96. None of these

CARD 13

1. A cane or walking stick
2. A zimmer frame or walker
3. A manual wheelchair
4. An electric wheelchair
5. A buggy or scooter
6. Special eating utensils
7. A personal alarm
96. None of these

CARD 14

1. Almost every day
2. Five or six days a week
3. Three or four days a week
4. Once or twice a week
5. Once or twice a month
6. Less than once a month
7. Not at all in the last 3 months

CARD 15

1. Specialist for heart disease, pulmonary, gastroenterology, diabetes or endocrine diseases
2. Dermatologist
3. Neurologist
4. Ophthalmologist
5. Ear, nose and throat specialist
6. Rheumatologist or physiatrist
7. Orthopaedist
8. Surgeon
9. Psychiatrist
10. Gynaecologist
11. Urologist
12. Oncologist
13. Geriatrician

CARD 16

1. Inpatient surgery
2. Medical tests or non-surgical treatments (except mental health)
3. Mental health problems

CARD 17

1. Professional or paid nursing or personal care
2. Professional or paid home help, for domestic tasks that you could not perform yourself due to health problems
3. Meals-on-wheels
96. None of these

CARD 18

1. Surgery
2. Care from a general practitioner
3. Care from a specialist physician
4. Drugs
5. Dental care
6. Hospital (inpatient) rehabilitation
7. Ambulatory (outpatient) rehabilitation
8. Aids and appliances
9. Care in a nursing home
10. Home care
11. Paid home help
97. Any other care not mentioned on
this list

CARD 19

1. Medical visits to a general practitioner
2. Medical visits to specialists, when prescribed by a general practitioner
3. Medical visits to specialists, when not prescribed by a general practitioner
4. Medical visits to any doctor of your choice
5. Dental care
6. Prescribed drugs
7. Hospitalizations in public hospitals
8. Hospitalizations in private hospitals
9. Stays in a nursing home
10. Nursing care at home in case of chronic disease or disability

CARD 20

1. Retired
2. Employed or self-employed
(including working for family
business)
3. Unemployed and looking for
work
4. Permanently sick or disabled
5. Homemaker
97. Other (rentier, living off own
property, student, doing
voluntary work)

CARD 21

1. Became eligible for public pension
2. Became eligible for private occupational pension
3. Became eligible for a private pension
4. Was offered an early retirement option/window (with special incentives or bonus)
5. Made redundant (for example pre-retirement)
6. Own ill health
7. Ill health of relative or friend
8. To retire at same time as spouse or partner
9. To spend more time with family
10. To enjoy life

CARD 22

1. A change in type of employment (for instance from dependent employment to self-employment)
 2. A change in employer
 3. A promotion
 4. A change in job location
 5. A change in contract length (from long term to short term or vice versa)
96. None of the above

CARD 23

1. Old age pension benefits
2. Early retirement pension benefits
3. Unemployment benefits
4. Sickness benefits
5. Disability insurance benefits
6. Social assistance
96. None of these

CARD 24

1. Legislator, senior official or manager
2. Professional
3. Technician or associate professional
4. Clerk
5. Service worker and shop and market sales worker
6. Skilled agricultural or fishery worker
7. Craft and related trades worker
8. Plant and machine operator or assembler
9. Elementary occupation
10. Armed forces

CARD 25

1. Agriculture, hunting, forestry, fishing
2. Mining and quarrying
3. Manufacturing
4. Electricity, gas and water supply
5. Construction
6. Wholesale and retail trade; repair of motor vehicles, motorcycles and personal and household goods
7. Hotels and restaurants
8. Transport, storage and communication
9. Financial intermediation
10. Real estate, renting and business activities
11. Public administration and defence;
compulsory social security
12. Education
13. Health and social work
14. Other community, social and personal
service activities

CARD 26

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree

CARD 27

1. Legislator, senior official or manager
2. Professional
3. Technician or associate professional
4. Clerk
5. Service worker and shop and market sales worker
6. Skilled agricultural or fishery worker
7. Craft and related trades worker
8. Plant and machine operator or assembler
9. Elementary occupation
10. Armed forces

CARD 28

1. Agriculture, hunting, forestry, fishing
2. Mining and quarrying
3. Manufacturing
4. Electricity, gas and water supply
5. Construction
6. Wholesale and retail trade; repair of motor vehicles, motorcycles and personal and household goods
7. Hotels and restaurants
8. Transport, storage and communication
9. Financial intermediation
10. Real estate, renting and business activities
11. Public administration and defence;
compulsory social security
12. Education
13. Health and social work
14. Other community, social and personal
service activities

CARD 29

1. Public old age pension
2. Public old age supplementary pension or public old age second pension
3. Public early retirement or pre-retirement pension
4. Main public disability insurance pension, or sickness benefits
5. Secondary public disability insurance pension, or sickness benefits
6. Public unemployment benefit or insurance
7. Main public survivor pension from your spouse or partner
8. Secondary public survivor pension from your spouse or partner
9. Public war pension
10. Public long-term care insurance
96. None of these

CARD 30

1. Occupational old age pension from your last job
 2. Occupational old age pension from a second job
 3. Occupational old age pension from a third job
 4. Occupational early retirement pension
 5. Occupational disability or invalidity insurance
 6. Occupational survivor pension from your spouse's or partner's job
96. None of these

CARD 31

1. Regular life insurance payments
2. Regular private annuity or private personal pension payments
3. Alimony
4. Regular payments from charities
5. Long-term care insurance payments from a private insurance company
96. None of these

CARD 32

1. Public old age pension
2. Public early retirement or pre-retirement pension
3. Public disability insurance; sickness/invalidity/incapacity pension
4. Private (occupational) old age pension
5. Private (occupational) early retirement pension
96. None of these

CARD 33

1. In the same household
2. In the same building
3. Less than 1 kilometre away
4. Between 1 and 5 kilometres away
5. Between 5 and 25 kilometres away
6. Between 25 and 100 kilometres
away
7. Between 100 and 500 kilometres
away
8. More than 500 kilometres away
9. More than 500 kilometres away in
another country

CARD 34

1. Married and living together with spouse
2. Registered partnership
3. Married, living separated from spouse
4. Never married
5. Divorced
6. Widowed

CARD 35

1. Full-time employed
2. Part-time employed
3. Self-employed or working for own family business
4. Unemployed
5. In vocational training/
retraining/education
6. Parental leave
7. In retirement or early
retirement
8. Permanently sick or disabled
9. Looking after home or family
97. Other

CARD 36

1. Comprehensive school
2. Grammar school (not fee-paying)
3. Fee-paying grammar school
4. Sixth form College/Tertiary
College
5. Public or other private school
6. Elementary school
7. Secondary modern/secondary
school
8. Technical school (not college)
95. No degree yet/still in school
96. None
97. Other type (also abroad)

CARD 37

1. Nurses' training school
2. College of further/higher education
3. Other college or training establishment
4. Polytechnic/Scottish Central Institutions
5. University
95. Still in higher education or vocational training
96. None
97. Other (also abroad)

CARD 38

1. personal care, e.g.
 - a) dressing, including putting on shoes and socks
 - b) bathing or showering
 - c) eating, e.g. cutting up your food
 - d) getting in or out of bed
 - e) using the toilet, including getting up or down

2. practical household help, e.g. with home repairs, gardening, transportation, shopping, household chores

3. help with paperwork, such as filling out forms, settling financial or legal matters

CARD 39

1. To meet basic needs
2. To buy or furnish a house or apartment
3. To help with a large item of expenditure
(other than buying a house)
4. For a major family event (birth, marriage,
other celebration)
5. To help with a divorce
6. To help following a bereavement or illness
7. To help with unemployment
8. For further education
9. To meet a legal obligation (e.g. alimony or
compulsory payments for parents' care)
96. No specific reason
97. Other reason

CARD 40

1. For family reasons
2. For job reasons
3. Wanted smaller/bigger/
different house or apartment
4. Wanted to change area
97. Other reason

CARD 41

1. A big city
2. The suburbs or outskirts of a big city
3. A large town
4. A small town
5. A rural area or village

CARD 42

F.		up to	€	500
B.	€ 501	up to	€	1,000
G.	€ 1,001	up to	€	1,500
T.	€ 1,501	up to	€	2,000
N.	€ 2,001	up to	€	2,500
L.	€ 2,501	up to	€	3,000
R.	€ 3,001	up to	€	3,500
K.	€ 3,501	up to	€	4,000
D.	€ 4,001	up to	€	5,000
H.	€ 5,001	up to	€	7,500
U.	€ 7,501	up to	€	10,000
E.	€ 10,001	or more		

CARD 43

EXPENDITURE

1. Food consumed at home

Include: all food items and non-alcoholic beverages bought at supermarkets, grocery stores, markets and other outlets.

Do not include: spending on alcoholic beverages such as beer, wine, or spirits.

2. Food consumed outside home

Include: all meals at restaurants and other outlets such as bars, pubs and canteens.

Do not include: spending on alcoholic beverages, or expenditures on large ceremonial occasions such as wedding anniversaries.

3. Telephoning

Include: per call or long distance charges and the basic rate;
all expenditure on mobile phone calls made over the month;
internet connection costs from your home.

Do not include: purchases of telephone equipment such as phones or mobile phones.

CARD 44

1. Do not like dealing with banks
4. Minimum balance/service charges are too high
5. No bank has convenient hours or location
4. Do not need/want a bank account
5. Do not have enough money
6. Savings are managed by children or other relatives (in or outside the household)
95. Actually I/we do have an account
97. Some other reason

CARD 45

1. Debt on cars and other vehicles
(vans/motorcycles/boats, etc.)
2. Debt on credit cards / store
cards
3. Loans (from bank, building
society or other financial
institution)
4. Debts to relatives or friends
5. Student loans
6. Overdue bills (phone, electricity,
heating, rent)
96. None of these
97. Other

CARD 46

1. Take substantial financial risks expecting to earn substantial returns
2. Take above average financial risks expecting to earn above average returns
3. Take average financial risks expecting to earn average returns
4. Not willing to take any financial risks

CARD 47

1. Often
2. Sometimes
3. Rarely
4. Never

CARD 48

1. Done voluntary or charity work
2. Cared for a sick or disabled adult
3. Provided help to friends or neighbours
4. Attended an educational or training course
5. Gone to a sport, social or other kind of club
6. Taken part in activities of a religious organization (church, synagogue, mosque, etc.)
7. Taken part in a political or community-related organization
96. None of these

CARD 49

1. To meet other people
2. To contribute something useful
3. Because I am needed
4. To earn money
5. To use my skills or to keep fit
96. None of these

CARD 50

