

SHARE Findings Newsletter No. 08 - July 2018

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SHARE is part of the
Max Planck Institute for Social Law and Social Policy



How we age in Europe.



SHARE Findings Newsletter

This newsletter informs about **selected new research findings** based on data from the Survey of Health, Ageing and Retirement in Europe (SHARE).

All texts in these articles can be used for press reports.

Please enjoy reading our SHARE Findings Newsletter.

Do women live longer and happier lives than men?

New SHARE-based study explores gender differences in happy life expectancy in 16 European countries



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#05911559

In the majority of countries, women tend to outlive men. Solé-Auró et al. analyse if the additional years a woman lives correspond to an increased quality of life. Their findings show that women can expect to live happier lives after the age of 50 in most countries. However, the statistics behind this advantage are largely driven by lower female mortality. The larger share of the remaining years of women's life is expected to be spent in an unhappy state.

[>> Read more](#)

The benefits of disability insurance

Receiving disability insurance benefits positively influences health and well-being



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#194287417

Based on multinational data, Börsch-Supan et al. find positive effects of receiving disability insurances (DI) in several European countries and the US: After withdrawing from work due to disabilities, DI protects recipients from poverty by ensuring income support, and from deteriorating health by providing integration opportunities. In the long run, DI recipients show better self-reported health and experience higher improvement of mental health.

[>> Read more](#)

Long-term care subsidisation and use of hospital care

New study suggests that long-term care subsidisation can reduce hospital admissions



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#46924505

Researchers Costa-Font et al. examine the effect of public subsidisation of long-term care (LTC) services in Spain. The study finds evidence that an increased availability and affordability of LTC services - driven by regional reforms - reduced hospital admissions of long-term care patients and their length of stay. The reforms further resulted in an 11% reduction in healthcare

costs and positive effects on the wellbeing of the patients. [>> Read more](#)

Healthy country, healthy people

New SHARE-based study explores how country-specific behaviours influence individual health levels



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#73782193

Examining smoking, drinking alcohol and obesity - the latter often a consequence of unhealthy habits - researchers Muñoz et al. find that behaviours and perceptions on a country level influence one's self-perceived health. Especially in the case of excess weight, higher obesity rates in a country moderate how negatively individuals perceive their own obesity. [>> Read more](#)

Depressive parent, depressive child?

SHARE-based study provides insights into the associations between parents' mental health difficulties and depressive symptoms of the child in late adulthood



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#108027929

Researchers Angelini et al. investigate the association between negative childhood conditions and depressive symptoms in late-adulthood. The analysis reveals that individuals who had been exposed to a parent with mental health problems suffer from depressive symptoms more often in late adulthood. Hence, policies should focus on potentially amendable environmental factors during childhood.

[>> Read more](#)

Grandparenthood and life satisfaction

New SHARE-based study explores the link between having grandchildren and life satisfaction



Arpino et al. analyse how grandparenthood affects life satisfaction in 20 European countries and Israel. Their results show that spending time with grandchildren and providing care for them increases the reported subjective well-being of older adults. On the country level, the researchers observe a variation of this effect. [>> Read more](#)



About SHARE:

SHARE, the Survey of Health, Ageing and Retirement in Europe is a multidisciplinary and cross-national panel database of micro data on health, socio-economic status and social and family networks of more than 120,000 individuals (approximately 297,000 interviews) from 27 European countries and Israel aged 50 or older. The data are available to the entire research community free of charge.

SHARE responds to a Communication by the European Commission calling to "examine the possibility of establishing, in co-operation with Member States, a European Longitudinal Ageing Survey". SHARE has become a major pillar of the European Research Area, selected as one of the projects to be implemented in the European Strategy Forum on Research Infrastructures (ESFRI) in 2006 and given a new legal status as the first ever European Research Infrastructure Consortium (SHARE-ERIC) in March 2011. SHARE is centrally coordinated by Prof. Axel Börsch-Supan, Ph.D. at the [Munich Center for the Economics of Aging \(MEA\)](#), Max Planck Institute for Social Law and Social Policy.

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