

SHARE Findings Newsletter No. 07 - April 2018

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SHARE is part of the
Max Planck Institute for Social Law and Social Policy



SHARE Findings Newsletter

This newsletter informs about **selected new research findings** based on data from the Survey of Health, Ageing and Retirement in Europe (SHARE).

All texts in these articles can be used for press reports.

Please enjoy reading our SHARE Findings Newsletter.

“Gain a child, lose a tooth”?

Study finds causal evidence for tooth loss of mothers



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This study analyses the causal link between the number of children and their mothers' number of teeth. The findings show that an additional birth could be detrimental to the oral health of the mother, but not to that of the father. For this link pregnancy-related as well as parenting-related factors should be taken into account as possible causes. Their precise role, however, needs to be further examined.

[>> Read more](#)

How providing care affects caregivers' mental health

Providing care to a parent can impact negatively the health of the adult child



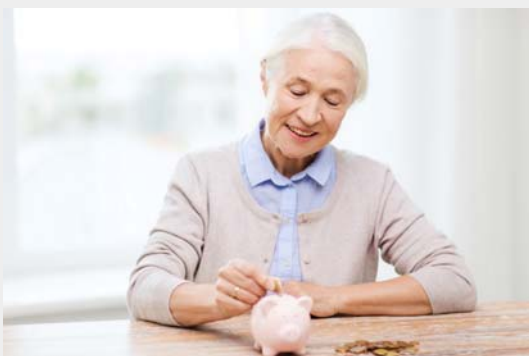
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This study analyses the mental health consequences for caregivers. The findings show that two different issues affect mental health when providing parental care: the stress of caregiving and the mere fact of being concerned about the decline of a parent's health. Policymakers should therefore be advised to provide alternatives to informal care, the author of the study points out. [>> Read more](#)

Information about pensions leads to increased savings

Better understanding of one's expected pension contributes to financial security in old age



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This study analyses if and how a personalised information campaign by the German government about future pensions influenced the financial behaviour of individuals. The findings show that the campaign had short-term effects on the financial behaviour as well as long-term effects on the overall amount of private retirement savings. [>> Read more](#)



About SHARE:

SHARE, the Survey of Health, Ageing and Retirement in Europe is a multidisciplinary and cross-national panel database of micro data on health, socio-economic status and social and family networks of more than 120,000 individuals (approximately 297,000 interviews) from 27 European countries and Israel aged 50 or older. The data are available to the entire research community free of charge.

SHARE responds to a Communication by the European Commission calling to "examine the possibility of establishing, in co-operation with Member States, a European Longitudinal Ageing Survey". SHARE has become a major pillar of the European Research Area, selected as one of the projects to be implemented in the European Strategy Forum on Research Infrastructures (ESFRI) in 2006 and given a new legal status as the first ever European Research Infrastructure Consortium (SHARE-ERIC) in March 2011. SHARE is centrally coordinated by Prof. Axel Börsch-Supan, Ph.D. at the Munich Center for the Economics of Aging (MEA), Max Planck Institute for Social Law and Social Policy.

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