

SHARE Findings Newsletter No. 05 - November 2017

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SHARE Findings Newsletter

This newsletter informs about **selected new research findings** based on data from the Survey of Health, Ageing and Retirement in Europe (SHARE) by providing summaries of selected studies.

All texts in these articles can be used for press reports.

If you have any more detailed questions about the research presented here, please view the whole scientific study (links under the articles) or get in touch directly with the authors of the study.

Please enjoy reading our SHARE Findings Newsletter.

Socializing outside your inner circle may be good for your health

Different types of social relations have different (positive) effects on self-perceived health



This study examines which effect social relations of people aged 60 and over in Europe may have on their self-perceived health. Their results show that people highly engaged in socializing outside their inner circle are less likely to have poor self-perceived health.

[>> Read more](#)

Books are good for your... teeth?

Potential links between socioeconomic circumstances during childhood and dental health in later life



The authors examine the correlation between people's socioeconomic background during childhood and tooth retention at an older age. They were able to demonstrate a long-lasting relationship between childhood living conditions and oral health throughout the life-course: Poor financial conditions as a child had a negative impact on the number of remaining natural teeth by age 50 and older.

[>> Read more](#)

The effect of retirement on your cognitive abilities

Retiring may lead to a decline of cognitive functions



This study analyses how the risk of losing cognitive abilities develops after retirement. A probability model distinguishes between people who retired as late as possible and those who retired as soon as possible. The results show that individuals who had retired as late as possible had an increasing risk of losing cognitive functions with ongoing age, whereas for those who had retired as soon as possible the opposite effect was found.

[>> Read more](#)

Economic crises may have negative effect on health in



This study analyses the effects economic crises on workers' health. The findings show that experiencing severe macro-economic shocks during one's working life increase the likelihood of health problems. However, the effects vary depending on the people's level of education.

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About SHARE:

SHARE, the Survey of Health, Ageing and Retirement in Europe is a multidisciplinary and cross-national panel database of micro data on health, socio-economic status and social and family networks of more than 120,000 individuals (approximately 297,000 interviews) from 20 European countries and Israel aged 50 or older. Beginning with the next data collection in 2017, SHARE will cover 28 countries. The data are available to the entire research community free of charge.

SHARE responds to a Communication by the European Commission calling to "examine the possibility of establishing, in co-operation with Member States, a European Longitudinal Ageing Survey". SHARE has become a major pillar of the European Research Area, selected as one of the projects to be implemented in the European Strategy Forum on Research Infrastructures (ESFRI) in 2006 and given a new legal status as the first ever European Research Infrastructure Consortium (SHARE-ERIC) in March 2011. SHARE is centrally coordinated by Prof. Axel Börsch-Supan, Ph.D. at the [Munich Center for the Economics of Aging \(MEA\)](#), Max Planck Institute for Social Law and Social Policy.

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info@share-project.org

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Imprint:

SHARE-ERIC
Amalienstraße 33
80799 Munich
Germany
www.share-eric.eu