Showcards
(SHARE – „50+ in Europe“)
Spouse
Partner
Child
Child-in-law
Parent
Parent-in-law
Sibling
Grand-child
Other relative (specify)
Other non-relative (specify)
Ex-spouse/Ex-partner
1. No schooling/education at all
2. Some education, but less than [instead of put respective country specific degr.]
3. Country specific category
4. Country specific category
5. Country specific category
6. Country specific category
7. Country specific category
8. Country specific category
9. Country specific category
10. Country specific category
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14. Country specific category
15. Country specific category
16. Country specific category
17. Country specific category
18. Country specific category
19. Country specific category
20. Country specific category
95. No degree yet/still in school
97. Other
1. No higher education/vocational training
2. Some education, but less than [instead of put respective country specific degr.]
3. Country specific category
4. Country specific category
5. Country specific category
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17. Country specific category
18. Country specific category
19. Country specific category
20. Country specific category
95. Still in education/vocational training
97. Other
1. Married and living together with spouse
2. Registered partnership
3. Married, living separated from spouse
4. Never married
5. Divorced
6. Widowed
1. Income from employment (including self-employment)
2. Financial support from Spouse or Partner
3. Maternity benefits from state, employer or other institutions
4. Child benefits from state or other institutions
5. Financial support from Family (not Spouse/Partner) and friends
6. Running down assets or bank accounts
97. Other
1. In the same household
2. In the same building
3. Less than 1 kilometre away
4. Between 1 and 5 kilometres away
5. Between 5 and 25 kilometres away
6. Between 25 and 100 kilometres away
7. Between 100 and 500 kilometres away
8. More than 500 kilometres away
1. Full-time employed
2. Part-time employed
3. Self-employed or working for own family business
4. Unemployed
5. In vocational training/retraining/education
6. Parental leave
7. In retirement or early retirement
8. Permanently sick or disabled
9. Looking after home or family
97. Other
1. Lived in a children's home
2. Been fostered with another family
3. Evacuated or relocated during a war
4. Lived in a prisoner of war camp
5. Lived in prison
6. Lived in a labor camp
7. Lived in a concentration camp
8. Been an inpatient in a TB institution
9. Stayed in a psychiatric hospital
10. Been homeless for 1 month or more
96. None of these
1. Boarding school or university accommodation
2. Orphanage or Children's home
3. Housing with the armed forces
4. Mental hospital
5. Other hospital
6. Nursing home for the elderly
7. Prison
8. Prisoner of war camp
9. Labor Camp
10. Concentration camp
11. Refugee camp
12. Religious institution
97. Other collective accommodation
1. North East
2. North West
3. Yorkshire and the Humber
4. East Midlands
5. West Midlands
6. East
7. London
8. South East
9. South West
10. Country Specific Region
11. Country Specific Region
12. Country Specific Region
13. Country Specific Region
14. Country Specific Region
15. Country Specific Region
16. Country Specific Region
17. Country Specific Region
18. Country Specific Region
19. Country Specific Region
20. Country Specific Region
1. Purchased or built it with own means
2. Purchased or built it with a loan or mortgage
3. Purchased or built it with help from family
4. Received it as a bequest
5. Received it as a gift
6. Acquired it through other means
1. Mother
2. Father
3. Mother-in-law
4. Father-in-law
96. None of these
1. Biological mother
2. Biological father
3. Adoptive, step or foster mother
4. Adoptive, step or foster father
5. Biological brother(s) or sister(s)
6. Adoptive, step, foster or half brother(s) or sister(s)
7. Grandparent(s)
8. Other relative(s)
9. Other non-relative(s)
1. Fixed bath
2. Cold running water supply
3. Hot running water supply
4. Inside toilet
5. Central heating
96. None of these
1. None or very few (0-10 books)
2. Enough to fill one shelf (11-25 books)
3. Enough to fill one bookcase (26-100 books)
4. Enough to fill two bookcases (101-200 books)
5. Enough to fill two or more bookcases (more than 200 books)
1. Often
2. Sometimes
3. Rarely
4. Never
1. Employee or self-employed
2. Unemployed and searching for a job
3. Unemployed but not searching for a job
4. Short term job (less than 6 months)
5. Sick or disabled
6. Looking after home or family
7. Leisure, travelling or doing nothing
8. Retired from work
9. Training
10. Further full time education
11. Military services (excluding professional army employment), war prisoner or equivalent
12. Managing your assets
13. Voluntary or community work
14. Forced labour or in jail
15. Exiled or banished
16. Labor camp
17. Concentration camp
97. Other
1. Agriculture, hunting, forestry, fishing
2. Mining and quarrying
3. Manufacturing
4. Electricity, gas and water supply
5. Construction
6. Wholesale and retail trade; repair of motor vehicles, motorcycles and personal and household goods
7. Hotels and restaurants
8. Transport, storage and communication
9. Financial intermediation
10. Real estate, renting and business activities
11. Public administration and defence; compulsory social security
12. Education
13. Health and social work
14. Other community, social and personal service activities
1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree
1. I resigned
2. I was laid off
3. By mutual agreement
4. My plant or office closed down
5. A temporary job had been completed
6. I retired
97. Other reason
1. Support from Spouse or Partner
2. Support from Family (not Spouse/Partner) and friends
3. Private or Public Disability Insurance
4. Benefits or grants from state or other institutions
5. Sold property
6. Running down financial asset or bank account
97. Other
1. Infectious disease (e.g. measles, rubella, chickenpox, mumps, tuberculosis, diphtheria, scarlet fever)
2. Polio
3. Asthma
4. Respiratory problems other than asthma
5. Allergies (other than asthma)
6. Severe diarrhoea
7. Meningitis/encephalitis
8. Chronic ear problems
9. Speech impairment
10. Difficulty seeing even with eyeglasses
96. None of these
1. Severe headaches or migraines
2. Epilepsy, fits or seizures
3. Emotional, nervous, or psychiatric problem
4. Broken bones, fractures
5. Appendicitis
6. Childhood diabetes or high blood sugar
7. Heart trouble
8. Leukaemia or lymphoma
9. Cancer or malignant tumour (excluding minor skin cancers)
10. Rickets, osteomalacia, rachitis
96. None of these
97. Other serious health condition
1. Back pain
2. Arthritis, including osteoarthritis and rheumatism
3. Osteoporosis
4. Angina or heart attack (including myocardial infarction or coronary thrombosis)
5. Other heart disease
6. Diabetes or high blood sugar
7. Stroke
8. Asthma
9. Respiratory problems other than asthma (e.g. bronchitis, chronic obstructive pulmonary disease)
10. Tuberculosis
11. Severe headaches or migraines
96. None of these
1. Leukaemia or lymphoma
2. Cancer or malignant tumour (excluding minor skin cancers)
3. Emotional, nervous, or psychiatric problem
4. Fatigue, e.g. with ME, MS
5. Gynaecological (women's) problem
6. Eyesight problems
7. Infectious disease (e.g. shingles, mumps, TB, HIV)
8. Allergies (other than asthma, e.g. food intolerance, hayfever)
96. None of these
97. Other
1. Denied promotions
2. Assignment to a task with fewer responsibilities
3. Working on tasks below your qualifications
4. Harassment by your boss or colleagues
5. Pay cuts
96. None of these
1. Limited my opportunities for paid work
2. Had a negative effect on my family life
3. Had a positive effect on my family life
4. Made my social life more difficult
5. Limited my leisure activities
6. Made me determined to get the best out of life
7. Opened up new opportunities
96. None of these
97. Other
1. Not affordable
2. Not covered by health insurance
3. Did not have health insurance
4. Time constraints
5. Not enough information about this type of care
6. Not usual to get this type of care
7. No place to receive this type of care close to home
8. Not considered to be necessary
97. Other reasons
1. When I was 0-15 years old.
2. When I was 16-25 years old.
3. When I was 26-40 years old.
4. When I was 41-55 years old.
5. When I was 56-65 years old.
6. When I was 66-75 years old.
7. When I was older than 75 years old.
1. Not affordable
2. Not covered by health insurance
3. Did not have health insurance
4. Time constraints
5. Not enough information about this type of care
6. Not usual to get this type of care
7. No place to receive this type of care close to home
8. Not considered to be necessary
97. Other reasons
1. Imprisonment
2. Labor camp
3. Concentration camp
4. Deportation, forced displacement or flight
5. Engaged in combat operations/fighting
6. Serious damage to health or injury - includes damage to physical or mental health
7. Death
96. None of these
1. A heart attack including myocardial infarction or coronary thrombosis or any other heart problem including congestive heart failure
2. High blood pressure or hypertension
3. High blood cholesterol
4. A stroke or cerebral vascular disease
5. Diabetes or high blood sugar
6. Chronic lung disease such as chronic bronchitis or emphysema
10. Cancer or malignant tumour, including leukaemia or lymphoma, but excluding minor skin cancers
11. Stomach or duodenal ulcer, peptic ulcer
12. Parkinson disease
13. Cataracts
14. Hip fracture
15. Other fractures
16. Alzheimer's disease, dementia, organic brain syndrome, senility or any other serious memory impairment
18. Other affective or emotional disorders, including anxiety, nervous or psychiatric problems
19. Rheumatoid Arthritis
20. Osteoarthritis, or other rheumatism
21. Chronic kidney disease
96. None
97. Other conditions, not yet mentioned
1. Falling down
2. Fear of falling down
3. Dizziness, faints or blackouts
4. Fatigue
96. None
1. Back
2. Hips
3. Knees
4. Other joints
5. Mouth/Teeth
6. Other parts of the body, but not joints
7. All over
1. Drugs for high blood cholesterol
2. Drugs for high blood pressure
3. Drugs for coronary or cerebrovascular diseases
4. Drugs for other heart diseases
5. Drugs for diabetes
6. Drugs for joint pain or for joint inflammation
7. Drugs for other pain (e.g. headache, back pain, etc.)
8. Drugs for sleep problems
9. Drugs for anxiety or depression
10. Drugs for osteoporosis
11. Drugs for stomach burns
12. Drugs for chronic bronchitis
13. Drugs for suppressing inflammation (only glucocorticoids or steroids)
14. None
15. Other drugs, not yet mentioned
1. Walking 100 metres
2. Sitting for about two hours
3. Getting up from a chair after sitting for long periods
4. Climbing several flights of stairs without resting
5. Climbing one flight of stairs without resting
6. Stooping, kneeling, or crouching
7. Reaching or extending your arms above shoulder level
8. Pulling or pushing large objects like a living room chair
9. Lifting or carrying weights over 10 pounds/5 kilos, like a heavy bag of groceries
10. Picking up a small coin from a table
96. None of these
1. Dressing, including putting on shoes and socks
2. Walking across a room
3. Bathing or showering
4. Eating, such as cutting up your food
5. Getting in or out of bed
6. Using the toilet, including getting up or down
7. Using a map to figure out how to get around in a strange place
8. Preparing a hot meal
9. Shopping for groceries
10. Making telephone calls
11. Taking medications
12. Doing work around the house or garden
13. Managing money, such as paying bills and keeping track of expenses
14. Leaving the house independently and accessing transportation services
15. Doing personal laundry
16. None of these
1. A cane or walking stick
2. A zimmer frame or walker
3. A manual wheelchair
4. An electric wheelchair
5. A buggy or scooter
6. Special eating utensils
7. A personal alarm
8. Bars, grabs, rails (to facilitate movements and to keep ones balance)
9. Raised toilet seat with/without arms
10. Incontinence pads
96. None of these
97. other items (specify)
<table>
<thead>
<tr>
<th>Drinks</th>
<th>Examples</th>
<th>N° of units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beer 33 cl</td>
<td><img src="image1" alt="Beer 33 cl" /></td>
<td>[___] units</td>
</tr>
<tr>
<td>4-6% alcohol</td>
<td>33cl</td>
<td></td>
</tr>
<tr>
<td>Wine 12 cl</td>
<td><img src="image2" alt="Wine 12 cl" /></td>
<td>[___] units</td>
</tr>
<tr>
<td>10-13% alcohol</td>
<td>12cl</td>
<td></td>
</tr>
<tr>
<td>Fortified wine</td>
<td><img src="image3" alt="Fortified wine" /></td>
<td>[___] units</td>
</tr>
<tr>
<td>8 cl</td>
<td>8cl</td>
<td></td>
</tr>
<tr>
<td>14-22% alcohol</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spirits 4 cl</td>
<td><img src="image4" alt="Spirits 4 cl" /></td>
<td>[___] units</td>
</tr>
<tr>
<td>23% alcohol and above</td>
<td>4cl</td>
<td></td>
</tr>
</tbody>
</table>
1. Daily or almost daily
2. Five or six days a week
3. Three or four days a week
4. Once or twice a week
5. Once or twice a month
6. Less than once a month
7. Not at all in the last 3 months
1. Every day
2. 3-6 times a week
3. Twice a week
4. Once a week
5. Less than once a week
1. Aids and appliances (e.g. Wheelchairs; Rollators; Zimmer Frame; Walking Sticks and Crutches; Orthoses; Protheses)
2. Ambulatory therapies (e.g. Physiotherapy; Vocational therapy; Osteopathy; Homeopathy; Counseling Psychology; Chiropractic)
96. None of these
1. Help with **personal care**, (e.g. getting in and out of bed, dressing, bathing and showering)
2. Help with **domestic tasks** (e.g. cleaning, ironing, cooking)
3. **Meals-on-wheels** (i.e. ready made meals provided by a municipality or a private provider)
4. Help with other activities (e.g. filling a drug dispenser)
96. None of the above
1. Retired
2. Employed or self-employed (including working for family business)
3. Unemployed
4. Permanently sick or disabled
5. Homemaker
97. Other
1. Became eligible for public pension
2. Became eligible for private occupational pension
3. Became eligible for a private pension
4. Was offered an early retirement option/window with special incentives or bonus
5. Made redundant (for example pre-retirement)
6. Own ill health
7. Ill health of relative or friend
8. To retire at same time as spouse or partner
9. To spend more time with family
10. To enjoy life
1. A change in type of employment (for instance from dependent employment to self-employment)
2. A change in employer
3. A promotion
4. A change in job location
5. A change in contract length (from long term to short term or vice versa)
96. None of the above
1. Public old age pension
2. Public old age supplementary pension or public old age second pension
3. Public early retirement or pre-retirement pension
4. Main public sickness benefits
5. Main public disability insurance pension
6. Secondary public disability insurance pension
7. Secondary public sickness benefits
8. Public unemployment benefit or insurance
9. Main public survivor pension from your spouse or partner
10. Secondary public survivor pension from your spouse or partner
11. Public war pension
12. Public long-term care insurance
13. Social assistance
96. None of these
1. Life insurance payments from a private insurance company
2. Regular private annuity or private personal pension payments
3. Alimony
4. Regular payments from charities
5. Long-term care insurance payments from a private insurance company
96. None of these
1. Public old age pension
2. Public early retirement or pre-retirement pension
3. Public disability insurance; sickness/invalidity/incapacity pension
4. Private (occupational) old age pension
5. Private (occupational) early retirement pension
1. Personal care, e.g. dressing, bathing or showering, eating, getting in or out of bed, using the toilet
2. Practical household help, e.g. with home repairs, gardening, transportation, shopping, household chores
3. Help with paperwork, such as filling out forms, settling financial or legal matters
1. Lodging (room)
2. Meals
3. Nursing and care services
4. Rehabilitation and other health services
5. Laundry
6. Charges and services, such as water, electricity, gas, or heating
7. Other expenses
96. None of the above
1. Pensions (yours or your spouse)  
2. Other sources of income, such as rents from real estate, annuities etc.  
3. Assets or savings (yours or your spouse), including life insurance policies  
4. Contributions from children or grandchildren  
5. Housing allowances or other public benefits  
6. Payments from a public long-term care insurance  
7. Payments from a private long-term care insurance  
97. Other income sources (specify)
1. Owner
2. Member of a cooperative
3. Tenant
4. Subtenant
5. Rent free
1. Widened doors or corridors
2. Ramps or street level entrances
3. Hand rails
4. Automatic or easy open doors or gates
5. Bathroom or toilet modifications
6. Kitchen modifications
7. Chair lifts or stair glides
8. Alerting devices (button alarms, detectors...)
96. None of these
97. Other (specify)
1. A farm house
2. A free standing one or two family house
3. A one or two family house as row or double house
4. A building with 3 to 8 flats
5. A building with 9 or more flats but no more than 8 floors
6. A high-rise with 9 or more floors
7. A housing complex with services for older people (residential home or sheltered housing, but not a nursing home)
8. A nursing home
1. A big city
2. The suburbs or outskirts of a big city
3. A large town
4. A small town
5. A rural area or village
1. Debt on cars and other vehicles (vans/motorcycles/boats, etc.)
2. Debt on credit cards / store cards
3. Loans (from bank, building society or other financial institution)
4. Debts to relatives or friends
5. Student loans
6. Overdue bills (phone, electricity, heating, rent)
96. None of these
97. Other
1. Done voluntary or charity work
4. Attended an educational or training course
5. Gone to a sport, social or other kind of club
7. Taken part in a political or community-related organization
8. Read books, magazines or newspapers
9. Did word or number games such as crossword puzzles or Sudoku
10. Played cards or games such as chess.
96. None of these
1. Disagree strongly
2. Disagree a little
3. Neither agree nor disagree
4. Agree a little
5. Agree strongly
absolutely no chance

0 10 20 30 40 50 60 70 80 90 100

absolutely certain
1. Take substantial financial risks expecting to earn substantial returns
2. Take above average financial risks expecting to earn above average returns
3. Take average financial risks expecting to earn average returns
4. Not willing to take any financial risks