

CARD 1

1. Spouse
2. Partner
3. Child
4. Child-in-law
5. Parent
6. Parent-in-law
7. Sibling
8. Grand-child
9. Other relative (specify)
10. Other non-relative (specify)
11. Ex-spouse/Ex-partner

CARD 2

1. Comprehensive school
2. Grammar school (not fee-paying)
3. Fee-paying grammar school
4. Sixth form College/Tertiary College
5. Public or other private school
6. Elementary school
7. Secondary modern/secondary school
8. Technical school (not college)
95. No degree yet/still in school
96. None
97. Other type (also abroad)

CARD 3

1. Nurses' training school
2. College of further/higher education
3. Other college or training establishment
4. Polytechnic/Scottish Central Institutions
5. University
95. Still in higher education or vocational training
96. None
97. Other (also abroad)

CARD 4

1. Married and living together with spouse
2. Registered partnership
3. Married, living separated from spouse
4. Never married
5. Divorced
6. Widowed

CARD 5

1. In the same household
2. In the same building
3. Less than 1 kilometre away
4. Between 1 and 5 kilometres away
5. Between 5 and 25 kilometres away
6. Between 25 and 100 kilometres away
7. Between 100 and 500 kilometres away
8. More than 500 kilometres away

CARD 6

1. Full-time employed
2. Part-time employed
3. Self-employed or working for own family business
4. Unemployed
5. In vocational training/
retraining/ education
6. Parental leave
7. In retirement or early
retirement
8. Permanently sick or disabled
9. Looking after home or family
97. Other

CARD 7

1. A heart attack including myocardial infarction or coronary thrombosis or any other heart problem including congestive heart failure
2. High blood pressure or hypertension
3. High blood cholesterol
4. A stroke or cerebral vascular disease⁵
5. Diabetes or high blood sugar
6. Chronic lung disease such as chronic bronchitis or emphysema
8. Arthritis, including osteoarthritis, or rheumatism
Osteoporosis
10. Cancer or malignant tumour, including leukaemia or lymphoma, but excluding minor skin cancers
11. Stomach or duodenal ulcer, peptic ulcer
12. Parkinson disease
13. Cataracts
14. Hip fracture or femoral fracture
15. Other fractures
16. Alzheimer's disease, dementia, organic brain syndrome, senility or any other serious memory impairment
96. None
97. Other conditions, not yet mentioned

CARD 8

1. Pain in your back, knees, hips or any other joint
2. Heart trouble or angina, chest pain during exercise
3. Breathlessness, difficulty breathing
4. Persistent cough
5. Swollen legs
6. Sleeping problems
7. Falling down
8. Fear of falling down
9. Dizziness, faints or blackouts
10. Stomach or intestine problems, including constipation, air, diarrhoea
11. Incontinence or involuntary loss of urine
12. Fatigue
96. None
97. Other symptoms, not yet mentioned

CARD 9

1. Drugs for high blood cholesterol
2. Drugs for high blood pressure
3. Drugs for coronary or cerebrovascular diseases
4. Drugs for other heart diseases
5. Drugs for asthma
6. Drugs for diabetes
7. Drugs for joint pain or for joint inflammation
8. Drugs for other pain (e.g. headache, backpain, etc.)
9. Drugs for sleep problems
10. Drugs for anxiety or depression
11. Drugs for osteoporosis, hormonal
12. Drugs for osteoporosis, other than hormonal
13. Drugs for stomach burns
14. Drugs for chronic bronchitis
96. None
97. Other drugs, not yet mentioned

CARD 10

1. Walking 100 metres
2. Sitting for about two hours
3. Getting up from a chair after sitting for long periods
4. Climbing several flights of stairs without resting
5. Climbing one flight of stairs without resting
6. Stooping, kneeling, or crouching
7. Reaching or extending your arms above shoulder level
8. Pulling or pushing large objects like a living room chair
9. Lifting or carrying weights over 10 pounds/ 5 kilos, like a heavy bag of groceries
10. Picking up a small coin from a table
96. None of these

CARD 11

1. Dressing, including putting on shoes and socks
2. Walking across a room
3. Bathing or showering
4. Eating, such as cutting up your food
5. Getting in or out of bed
6. Using the toilet, including getting up or down
7. Using a map to figure out how to get around in a strange place
8. Preparing a hot meal
9. Shopping for groceries
10. Making telephone calls
11. Taking medications
12. Doing work around the house or garden
13. Managing money, such as paying bills and keeping track of expenses
96. None of these

CARD 12

1. Almost every day
2. Five or six days a week
3. Three or four days a week
4. Once or twice a week
5. Once or twice a month
6. Less than once a month
7. Not at all in the last 3 months

CARD 13

1. Every day
2. 3-6 times a week
3. Twice a week
4. Once a week
5. Less than once a week

CARD 14

1. Specialist for heart disease, pulmonary, gastroenterology, diabetes or endocrine diseases
2. Dermatologist
3. Neurologist
4. Ophthalmologist
5. Ear, nose and throat specialist
6. Rheumatologist or physiatrist
7. Orthopaedist
8. Surgeon
9. Psychiatrist
10. Gynaecologist
11. Urologist
12. Oncologist
13. Geriatrician

CARD 15

1. Legislator, senior official or manager
2. Professional
3. Technician or associate professional
4. Clerk
5. Service worker and shop and market sales worker
6. Skilled agricultural or fishery worker
7. Craft and related trades worker
8. Plant and machine operator or assembler
9. Elementary occupation
10. Armed forces

CARD 16

- 1.** Agriculture, hunting, forestry, fishing
- 2.** Mining and quarrying
- 3.** Manufacturing
- 4.** Electricity, gas and water supply
- 5.** Construction
- 6.** Wholesale and retail trade; repair of motor vehicles, motorcycles and personal and household goods
- 7.** Hotels and restaurants
- 8.** Transport, storage and communication
- 9.** Financial intermediation
- 10.** Real estate, renting and business activities
- 11.** Public administration and defence; compulsory social security
- 12.** Education
- 13.** Health and social work
- 14.** Other community, social and personal service activities

CARD 18

1. Retired
2. Employed or self-employed
(including working for family
business)
3. Unemployed
4. Permanently sick or disabled
5. Homemaker
6. Other (rentier, living off own
property, student, doing voluntary
work)

CARD 19

1. Became eligible for public pension
2. Became eligible for private occupational pension
3. Became eligible for a private pension
4. Was offered an early retirement option/window (with special incentives or bonus)
5. Made redundant (for example pre-retirement)
6. Own ill health
7. Ill health of relative or friend
8. To retire at same time as spouse or partner
9. To spend more time with family
10. To enjoy life

CARD 20

1. A change in type of employment (for instance from dependent employment to self-employment)
 2. A change in employer
 3. A promotion
 4. A change in job location
 5. A change in contract length (from long term to short term or vice versa)
96. None of the above

CARD 21

1. Old age pension benefits
2. Early retirement pension benefits
3. Unemployment benefits
4. Sickness benefits
5. Disability insurance benefits
6. Social assistance
96. None of these

CARD 22

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree

CARD 23

1. Public old age pension
2. Public old age supplementary pension or public old age second pension
3. Public early retirement or pre-retirement pension
4. Main public disability insurance pension, or sickness benefits
5. Secondary public disability insurance pension, or sickness benefits
6. Public unemployment benefit or insurance
7. Main public survivor pension from your spouse or partner
8. Secondary public survivor pension from your spouse or partner
9. Public war pension
10. Public long-term care insurance
96. None of these

CARD 24

1. Occupational old age pension from your last job
 2. Occupational old age pension from a second job
 3. Occupational old age pension from a third job
 4. Occupational early retirement pension
 5. Occupational disability or invalidity insurance
 6. Occupational survivor pension from your spouse's or partner's job
96. None of these

CARD 25

1. Regular life insurance payments
2. Regular private annuity or private personal pension payments
3. Alimony
4. Regular payments from charities
5. Long-term care insurance payments from a private insurance company
96. None of these

CARD 26

1. Public old age pension
2. Public early retirement or pre-retirement pension
3. Public disability insurance; sickness/invalidity/incapacity pension
4. Private (occupational) old age pension
5. Private (occupational) early retirement pension
96. None of these

CARD 27

1. eg. dressing, bathing or showering, eating, getting in or out of bed, using the toilet
2. eg. with home repairs, gardening, transportation, shopping, household chores or help with paperwork, such as filling out forms, settling financial or legal matters

CARD 28

1. To meet basic needs
2. To buy or furnish a house or apartment
3. To help with a large item of expenditure
(other than buying a house)
4. For a major family event (birth, marriage,
other celebration)
5. To help with a divorce
6. To help following a bereavement or illness
7. To help with unemployment
8. For further education
9. To meet a legal obligation (e.g. alimony or
compulsory payments for parents' care)
96. No specific reason
97. Other reason

CARD 29

1. for family reasons
2. for job reasons
3. wanted smaller/bigger/
different house or apartment
4. wanted to change area
97. Other reason

CARD 30

1. Owner
2. Member of a cooperative
3. Tenant
4. Subtenant
5. Rent free

CARD 31

1. Do not like dealing with banks
4. Do not need/want a bank account
5. Do not have enough money
6. Savings are managed by children or other relatives (in or outside the household)
95. Actually I/we do have an account
97. Some other reason

CARD 32

1. Debt on cars and other vehicles
(vans/motorcycles/boats, etc.)
2. Debt on credit cards / store
cards
3. Loans (from bank, building
society or other financial
institution)
4. Debts to relatives or friends
5. Student loans
6. Overdue bills (phone, electricity,
heating, rent)
96. None of these
97. Other

CARD 33

1. Often
2. Sometimes
3. Rarely
4. Never

CARD 34

1. Done voluntary or charity work
4. Attended an educational or training course
5. Gone to a sport, social or other kind of club
6. Taken part in activities of a religious organization (church, synagogue, mosque, etc.)
7. Taken part in a political or community-related organization
8. Read books, magazines or newspapers
9. Did word or number games such as crossword puzzles or Sudoku
10. Played cards or games such as chess.
96. None of these

CARD 36

1. Take substantial financial risks expecting to earn substantial returns
2. Take above average financial risks expecting to earn above average returns
3. Take average financial risks expecting to earn average returns
4. Not willing to take any financial risks

CARD 37

1. Retired
2. Employed or self-employed
(including working for family
business)
3. Unemployed and looking for
work
4. Permanently sick or disabled
5. Homemaker
97. Other (rentier, living off own
property, student, doing voluntary
work)

CARD 35

